

# March 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 6:00PM - Spinning	2 5:00PM - Cardio Step	3	4	5	6
7	8 6:00PM - Spinning	9 5:00PM - Cardio Step	10	11	12	13
14	15 6:00PM - Spinning	16 5:00PM - Cardio Step	17	18	19	20
21	22 6:00PM - Spinning	23 5:00PM - Cardio Step	24	25	26	27
28	29 6:00PM - Spinning	30 5:00PM - Cardio Step	31			